













## OUR CLINICAL EXPERTISE SPORTS AND PHYSICAL PERFORMANCE

Atlantia has experience in delivering clinical trials in the sports performance area to examine improved physical performance in athletes, or individuals engaged in physical work. We work with our clients to design a study most suitable for their analysing peer-reviewed publications, agreeing the most suitable end-points and statistically powering studies to ensure that studies will meet requirements. The trials can be designed to assess both single consumption (e.g. sports drink or energy bar) versus long term consumption (e.g. protein for sports recovery). Through our close working relationship with sports medicine experts, exercise physiologists and certified trainers/strength conditioning coaches, we have comprehensive experience in many aspects of physical performance.

- ✓ We provide end to end solutions for the entire clinical study process
- ✓ ICH GCP Standard trials
- ✓ Regulatory environment expertise, including EFSA and FDA
- ✓ One company, with multi-centre capability



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